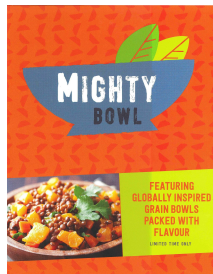


Monday - Chicken Tinga Poutine Supreme - **\$6.00**

NRG - Pasta & Meatballs - **\$6.00**

Tuesday - Chickpea Curry with Rice **OR** Curry Fries **\$6.99**

NRG - Popcorn Chicken with fries **OR** salad **OR** cookie **\$6.00**



Wednesday - Orange Ginger Chicken Grain Bowl **\$6.99**

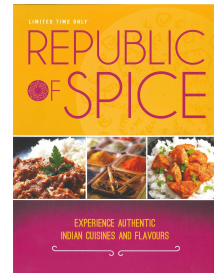
NRG - Pulled Pork Sandwich with fries **OR** salad **\$6.00**

Thursday - Chicken Souvlaki with choice of **2** sides **\$6.99**

NRG - Chicken Shawarma with fries **OR** salad **\$6.00**

Friday - Falafel Pieces with choice of **2** sides **\$6.99**

NRG - Chicken Burger with fries **OR** salad **\$6.00**





Until December 10th we will be accepting video submissions to audition for our holiday concert on December 21st. Please send your submission to 074385006@gapps.yrdsb.ca. Please include your name and student number as well as any tech support or equipment you may need for your show.



Hello Langstaff! Do you want to win a free Pizza party in January 2019 for 15 friends? Bring in your best decorated Gingerbread house to the cafeteria to display from Nov. 30 to Dec 15, 2018. Winner will be announced on December 16, 2018. Stop by the Caf and see Milva for contest details.



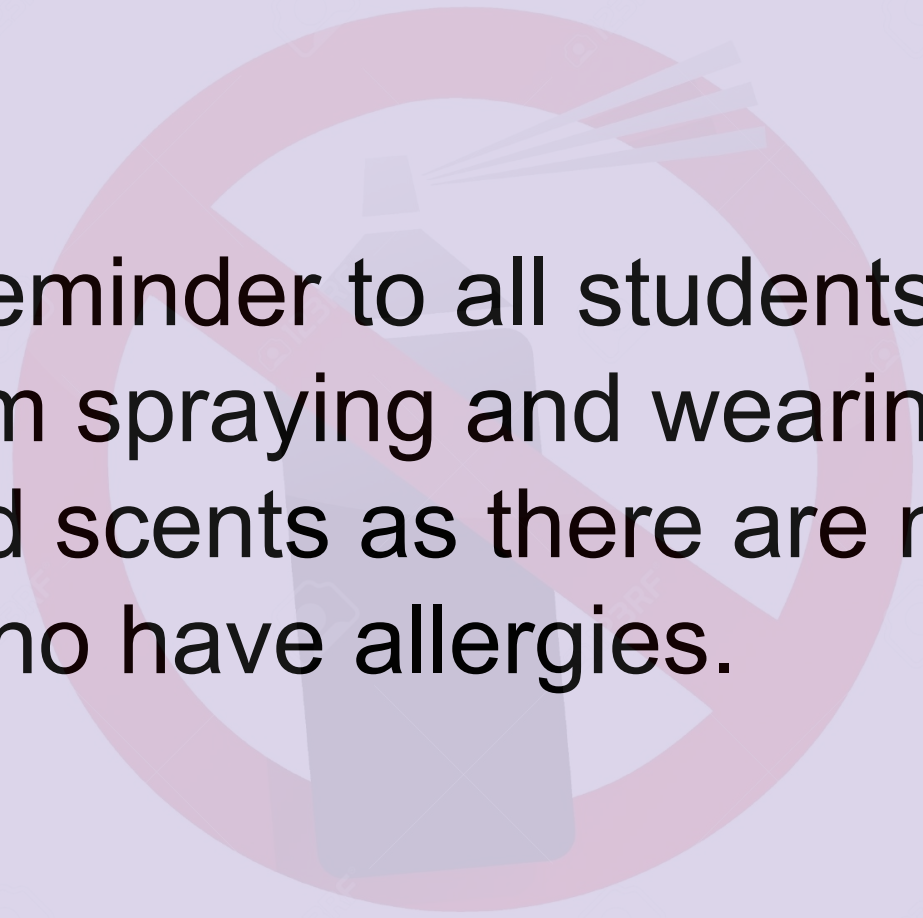
Are you a new student to Langstaff this year? If so, you have the opportunity to come downtown on a fun field trip to the Christmas market. Space is limited so sign up on cash online as soon as possible and pay the 5\$ fee. If you have any questions or concerns, please let Ms. Starkman know.



With the holidays fast approaching it's time for a Holiday themed Spirit Day! On Wednesday, December 12th come to school in your ugliest holiday sweater to show your spirit! Can't wait to see your sweaters bears!

Me to We Club will be selling Rafiki bracelets in front of the cafeteria starting this week. Rafiki means friend in Swahili, when you buy someone a rafiki bracelet you are not only giving them a beautiful gift but also giving people in third world countries a better life. Its two gifts in one.





This is a reminder to all students to please refrain from spraying and wearing perfumes, sprays and scents as there are many in the building who have allergies.